



Student Resources Living Well



University System of Georgia students and dependents enrolled in the USG Student Health Insurance Plan can log into www.uhcsr.com/MyAccount and click on Additional Benefits to access the following resources:

SR Living Well

24/7 Crisis & In-the-Moment Support

Our 24/7 Crisis & In-the-Moment Support line is offered to provide immediate access to masters level specialists at no cost. Our crisis intervention and specialists are always ready for urgent situations.

Mental Health Telehealth Services

Members can select a counselor that is right for them, and begin scheduling their visits with our licensed mental health providers. Our partnership with HealthiestYou, a Teladoc company, provides free, confidential access to treat a wide range of issues. Members can download the app: HealthiestYou.

Legal/Financial Stress Assistance

Access to licensed professionals to help with legal and financial issues.

Medicine Management

Ongoing medicine management services between the member and the HealthiestYou provider will help ensure the member is benefiting from the prescribed medications and adhering to their treatment plan.

Living Well Portal

Secure access to self-help tools and resources including articles, interactive learning tools, webinars, online courses and support groups.

Wellness Videos

Visit www.uhcsr.com/video for a library of videos addressing common mental health topics including personal stories, learning about common symptoms and how treatment can help restore health and wellbeing.

Mental Health Provider Directory

United Behavioral Health (UBH) provides access to quality inpatient and outpatient care, and is designed to engage members through digital and clinical resources designed to help improve their health and reduce costs. Our nationwide network includes every clinical specialty, level of care, and type of community resource.

UnitedHealthcare Student Resources does not discriminate on the basis of race, color, national origin, sex, age or disability in health programs and activities.

ATTENTION: Language assistance services, free of charge, are available to you. Please call 1-866-260-2723.

ATENCIÓN: Usted tiene a su disposición servicios de asistencia en otros idiomas, sin cargo. Llame al 1-866-260-2723.

注意：免费提供语言协助服务。請致電 1-866-260-2723。

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