Why your colleagues love Livongo

Livongo helps more than 700,000 people live better, healthier lives

"The thing I appreciate about it is the integrative health approach... It’s not like they only know weight, diet and exercise. They can talk about everything together and it’s always been so helpful."

Steven, University System of Georgia employee

We’re excited to let you know about Livongo—a health program that helps you lose weight, keep it off and develop healthier habits—at no additional cost to you.

To enroll in a Livongo program, you must be enrolled in a USG Anthem healthcare plan.

Join your fellow colleagues to get this and more, just for signing up:

- A smart scale that syncs to your secure mobile app
- One-on-one expert coaching and guidance on creating healthy habits
- A custom health plan for your goals and lifestyle

Claim your benefit today

Text “GO USGBENEFITS” to 85240 to learn more

You can also join by visiting Welcome.Livongo.com/USGBENEFITS# or call 800-945-4355 and use registration code: USGBENEFITS

The testimonials, statements and opinions presented are applicable to the individuals depicted. Each member’s exact results and experience will be unique and individual to each member. The testimonials are voluntarily provided and are not paid.

Program includes trends and support on your secure Livongo account and mobile app but does not include a phone, tablet, or smartwatch.

The programs are offered at no additional cost to qualified employees, pre-65 retirees and their spouses who qualify for Livongo and who are enrolled in one of the USG Anthem healthcare plans.

Solamente el programa Livongo para Diabetes está disponible en Español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al (800) 945-4355 o visite bienvenido.livongo.com/USGBENEFITS

To enroll in a Livongo program, you must be enrolled in a USG Anthem healthcare plan. You must also meet the health criteria for each program you wish to enroll in. If a Livongo program is not offered by USG, or if you do not meet the specific health criteria of that program, you will not be able to enroll. Remember, your Accolade Health Assistant is available at 866-204-9818 to help answer all your health and benefits questions.