



Products and Services

Counseling Services

Individuals may speak with a professional counselor by phone, and the Employee Assistance Program will provide a referral to see a local counselor at no cost.

- Alcohol/Drugs
- Anxiety/Stress
- Depression
- Grief and loss
- Parenting
- Relationships
- Transition and change
- Workplace

Legal Services

A 30-minute phone or in-person consultation is available to help answer basic legal questions and simplify the process of obtaining legal help.

- Adoption
- Bankruptcy
- Child custody
- Criminal issues
- Divorce
- Estate planning/wills
- Immigration
- Mediation
- Real estate
- Tenant's rights

Financial Services

A 30-minute consultation with a qualified financial consultant is available to assist with a variety of financial concerns.

- Bankruptcy alternatives
- Budgeting/cash flow
- Credit issues
- Education funding
- Identity theft
- Income taxes
- Mortgages
- Retirement planning

Family Caregiving Services

Family caregiving consultation, resources and referrals are available on a variety of family matters.

- College preparation
- Daycare/summer camps
- Prenatal care
- Special needs
- Adult daycare
- Assisted living
- In-home care
- Transportation services

Convenience Services

Complimentary convenience services are available to help you make the most of your money and free time. Call to request referrals for a range of services.

- Car and hotel reservations
- Cleaning services
- Destination guides/tours
- Dining
- Moving and relocation services
- Pet care services
- Repairs

Management Consultation Services

EAP provides various services for those in leadership positions including unlimited telephonic consultation services that are available 24/7.

- Assistance in responding to an onsite accident or critical event
- Behavior concerns
- Performance concerns
- Training consultation services
- Substance misuse
- DOT services

Online Tools and Information

EAPHelplink.com is an interactive web-based self-service solution. The site provides a wide array of life management tools to help members with a variety of personal and/or work related issues in a private and convenient manner.

- Research articles
- Savings center
- Health/Wellness modules
- On-demand monthly webinars
- Relocation center
- Monthly *News for You*
- Self-search locators for child, academic, adoption, pet, and adult care resources
- eLearning: self-paced online training programs
- 40 financial calculators and ready-to-use legal forms

For more information about our Employee Assistance Program please contact the Account Executive listed below.

844.243.4440 EAPHelplink.com Code: USGCares

University System of Georgia Benefits



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