



University System of Georgia Benefits



we provide · you decide



SOLERA

Take the Path to a Healthier You

Don't Miss Out on This Benefit for Anthem Blue Cross and Blue Shield Employees and Spouses



Lose weight, adopt healthy habits and significantly reduce your risk of developing type 2 diabetes. Take the one-minute quiz to find out if you qualify for a lifestyle change program at **\$0 cost to you.**



fitbit.

GET A FREE FITBIT ACTIVITY TRACKER*

TAKE A ONE-MINUTE QUIZ AT [SOLERA4ME.COM/USG](https://solera4me.com/usg)

Questions? Call 844-206-3728, Monday through Friday 9 a.m. to 9 p.m. EST.

For active, eligible Anthem members only.

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*For participants who complete four weeks of activity meeting Diabetes Prevention Program guidelines. Applies to select Fitbit models; limited to one per person. Solera Health reserves the right to substitute an alternate tracker.