1. Area F Guidelines
   a. Exercise Sciences and Athletic Training:

      Guidelines: Area F in Exercise Science and Athletic Training consists of 18 hours in lower-
      division (1000- and 2000-level) courses related to the program study and/or prerequisite to
      higher level courses required in the major:

      Anatomy & Physiology I with Lab (4 credits)
      Anatomy & Physiology II with Lab (4 credits)
      10 elective credits at the Institution’s discretion

   b. Sport & Fitness Management:

      Guidelines: Area F in Sport and Fitness Management consists of 18 hours in lower-
      division (1000- and 2000-level) courses related to the program study and/or prerequisite to higher level
      courses required in the major:

      ACCT 2101 Principles of Accounting (3 credits)
      ECON 2105/6 Principles of Micro or Macroeconomics (3 credits)
      SMGT 2130 Introduction to Sport and Fitness Management (3 credits)
      9 elective credits at the Institution’s discretion

   c. K-12 System Teachers in Health and Physical Education:

      Guidelines: A bachelor degree with a major in Health and Physical Education, with a secondary
      teacher certification is required for students seeking certification in Health and Physical
      Education. Students seeking such a certification are required to complete the following area F for
      their major.

      Guidelines: Area F in Health and Physical Education consists of 18 hours in lower-
      division (1000- and 2000-level) courses related to the program study and/or prerequisite to higher level
      courses required in the major:

      EDUC 2110 Investigating Critical & Contemporary Issues in Education (3 credits)
      EDUC 2120 Exploring Socio Cultural Perspectives on Diversity (3 credits)
      EDUC 2130 Exploring Teaching & Learning (3 credits)
      9 elective credits at the Institution’s discretion
2. Area F Learning Outcomes

**Learning outcome 1**: Prepare students to contribute to their profession, community, and society by communicating effectively and thinking critically and conceptually.

**Learning outcome 2**: Develop the strong knowledge base, hands-on-experience, and the mindset required for success in their dynamic professional field.

**Learning outcome 3**: Provide the knowledge base in general anatomy and physiology (only valid for A&P)