Health care doesn't have to be hard

Meet Health Advocacy, available through Aflac.

Dealing with health care and health coverage can be complicated — and often stressful. But now you have help from Health Advocacy.

Health Advocacy provides a team of experts who can help solve your health care and insurance-related questions. They can help you with a variety of needs like finding specialists, clarifying coverage, addressing claim issues and getting second opinions.

Get care for your health care.

WHERE DOES IT HURT?

- GAINING knowledge of diagnoses
- TRANSFERRING medical records
- UNDERSTANDING coverage and authorizations
- COORDINATING second opinions
- FINDING DOCTORS and treatment centers
- NEGOTIATING bills and claims

HEALTH ADVOCACY CAN HELP:

- FIND DOCTORS AND TREATMENT CENTERS
- COORDINATE CARE AND SECOND OPINIONS
- UNTANGLE MEDICAL BILL AND CLAIM ISSUES
- AVAILABLE 24/7, ANYTIME, ANYWHERE

Aflac. Value Added Services
Get confidential, personalized help with Health Advocate:

- **Find doctors**, specialists, hospitals and other providers
- **Schedule appointments** for treatments and tests
- **Coordinate** second opinions and care
- **Resolve issues**, from claims problems and medical bills, to coordinating benefits
- **Get help with eldercare issues**, including Medicare and related healthcare issues for your parents and parents-in-law
- **Get answers** about your test results, treatments, prescriptions and more
- **Work with your insurance companies** to get approvals and clarify coverage
- **Transfer medical records**, lab results and X-rays
- **Here for you 24/7** by convenient app or phone

HealthAdvocate™

Health care just got easier with Health Advocacy.
When your coverage begins, call **855.423.8585** or visit healthadvocate.com/aflac
Available through Aflac, powered by Health Advocate.

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