Anthem Blue Cross Blue Shield (Anthem)

1. In-network providers and facilities
   - 24/7 telephonic access to a clinician
   - Behavioral Health member services 1-866-621-0554
   - Search for an in-network behavioral health provider on https://www.anthem.com/usg/

2. Live Health online
   - Sign up for an online session at https://livehealthonline.com/
   - 24/7 access to psychologist or licensed therapist from mobile device or computer
   - Through June 30, 2020, USG health plans are covering telehealth services, including behavioral health.

Kaiser Permanente (Kaiser)

1. Network providers within Kaiser facilities
   - In 24/7 access to a clinician
   - Mental Health member services 1-800-611-1811
   - Behavioral health tips and resources at https://kp.org/mentalhealth

2. Virtual Office Visits
   - Find a provider or schedule an online session by visiting https://healthy.kaiserpermanente.org/georgia/get-care

KEPRO Employee Assistance Program (EAP) Services

USG partners with the KEPRO Employee Assistance Program (EAP) to provide support and resources on personal matters to improve your overall life and well-being. This program is available to all employees who work 20 or more hours. Additionally, the EAP can be used for you and your family members to help support you if are experiencing anxiety or stress following the recent developments around COVID-19.

1. Online resources
   - Visit EAPHelplink.com (company code USGCares) for 24/7 access
   - There are many Covid-19 related articles and resources under the section News for You

2. EAP Services
   - Speak with an EAP support representative 24/7/365
   - EAP counseling can be done in-person or remotely
   - $0 cost for first 4 sessions
   - Call 1-844-243-4440